

Together
WE
can make
CHANGE

EXPLORE.

Discover local initiatives and fresh ideas on how you can impact change in the dementia community.

SHARE.

Inspire others by sharing your experiences, initiatives, and thoughts about how to improve community.

ENGAGE.

Ready to make change? Contact us to find out more.



www.ThoughtsForDementia.com

Explore. Share. Engage.



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[Spare A Thought For Dementia](https://www.youtube.com/SpareAThoughtForDementia)



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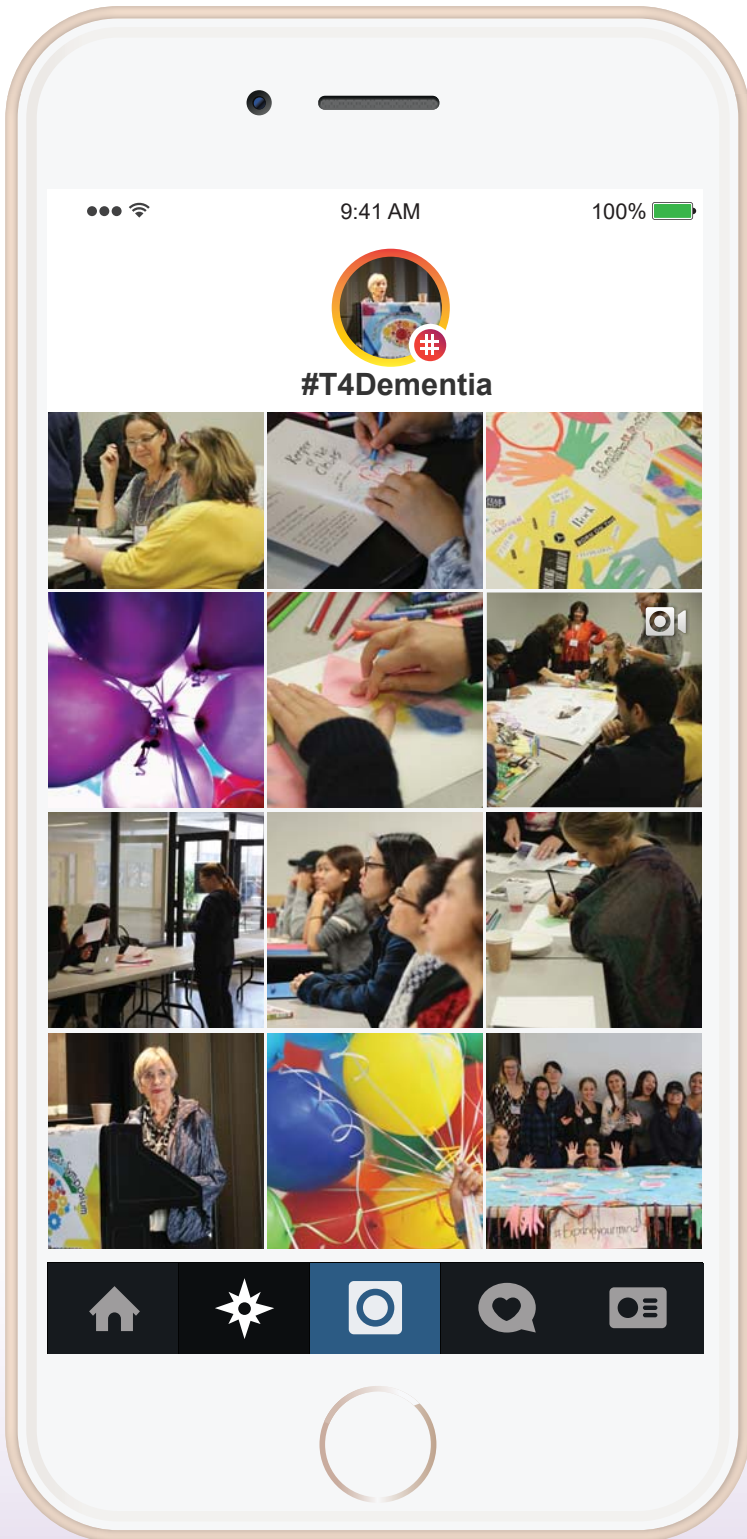
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SPARE A THOUGHT FOR DEMENTIA

MY STORY YOUR STORY

Dementia impacts entire communities. Spare a thought for dementia by taking to Instagram to share your own experiences and knowledge. Tag #T4Dementia for a chance to be featured.

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GET INVOLVED

SPARE A THOUGHT FOR DEMENTIA raises youth awareness of dementia and how it impacts communities. Our goal is to inspire youth to become more involved in their communities and become advocates for persons living with dementia.

WORKSHOPS & PRESENTATIONS

Spare a Thought for Dementia’s awareness program focuses on education and engagement for high school and university/college students. Our team offers interactive presentations and workshop activities to explore, learn, and brainstorm ideas on how youth can become more engaged within their communities and become an advocate for dementia care. The goal of this program is to develop strong partnerships with the community to discuss needs and appropriate ways to disseminate knowledge.

Spare a Thought for Dementia will provide resource toolkits consisting of training brochures, local resource contacts, and tips/approach for talking about dementia.

DIGITAL & SOCIAL MEDIA

Get involved with the campaign by going online! Watch videos, share your thoughts, and tell us how you are advocating for the dementia community.

- Tag **@T4Dementia** in all foyur social media posts, and we may repost your content on our accounts!
- Visit **www.ThoughtsForDementia.com** to watch videos, access resources, and share your own stories.
- Subscribe to our mailing list to stay updated with the campaign.
- Follow us on Social Media so you never miss a beat on local initiatives and updates.



Ready for change?

Contact:

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 www.ThoughtsForDementia.com

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